



SEPTEMBER 2016

Welcome Back!!!

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5 Labor Day! Schools Closed	6 Superintendent's Conference Day Schools Closed	7 Mini Pancakes String Cheese Cinnamon Applesauce Fruit juice Low fat milk 1st Day Of School!	8 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	9 Egg & Cheese Sandwich on a WG Roll Apple Juice Mixed Fruit Low fat milk
12 Mini Pancakes String cheese Cinnamon Applesauce Fruit juice Low fat milk	13 French Toast Sticks Maple Syrup Sausage Diced Pears Orange juice Low fat Milk	14 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	15 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	16 Mini Pancakes String cheese Orange juice Fruit Cup Low fat milk
19 Egg Omelet Hash browns Orange Juice Sliced Pears Low fat milk	20 Cheese Toast Bagel Fruit Cup Apple Juice Low fat Milk	21 Mini Cinnamon Buns String Cheese Fresh Fruit Juice Low fat milk	22 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	23 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk
26 Mini Pancakes with String Cheese Apple juice Fruit Cup Low fat milk	27 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	28 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	29 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	30 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk

Special News...
Breakfast for students \$1.00

Available Daily:
Assorted
WG Breakfast Cereals
WG Bagels
Low fat Yogurts
Raisins
All breads are Whole Grain
All breakfast meals must include a fruit and or a 100% fruit juice

Questions?
Please Contact
Barbara Stabile, Food Service Director with
Aramark
274-4144

Menus are subject to change without notice.