



SEPTEMBER 2016

Welcome Back!!!

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Our Made To Order Salad Bar Is Here! Crispy Salad Greens, Choices of crispy chicken, chopped egg, shredded cheese , grilled chicken, fresh tuna fish salad, just to name a few! Top with extra veggies and your favorite lite dressing.</p>			<p>GRAB-N-GO! Featured Daily: Hot Hamburger or Cheeseburgers on a whole grain bun Hot Chicken Patty Sandwich or Spicy Chicken Sandwich on a whole grain bun All served with crisp oven baked fries</p>		<p>Special News... Sandwiches of the day Turkey American Sub Turkey & Cheese Tuna Egg Salad Lo Sodium Ham & Cheese All sandwiches are on 100% whole grain breads or wraps. Featuring Boar's Head Deli Brand Meats PIZZA... Enjoy a hot piece of delicious hand made cheese pizza Or try one of our specialty pizzas; Veggie pizza Chicken Parm Pizza Meatball Pizza So many to choose from! Menus are subject to change without notice.</p>
<p>5 Labor Day! Schools Closed</p>	<p>6 Superintendent's Conference Day Schools Closed</p>	<p>7 General Tso Chicken Rice Green Beans Spiced Apple sauce Choice of Milk</p>	<p>8 Meatball Parm hero Side greens salad Fresh Fruit Choice Of Milk</p>	<p>9 Nachos and cheese Salsa, vegetarian beans Fresh fruit Choice of Milk</p>	
<p>12 French Toast Sticks Hash Brown Potatoes Grilled Ham Chilled Pears Choice Of Milk</p>	<p>13 Twin Taco Tuesday Beef & Cheese Twin Tacos Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk</p>	<p>14 Fiesta Chicken Bowl Chicken, Mashed Potatoes, Corn & Gravy Diced Pears Choice of Milk</p>	<p>15 General Tso Chicken Rice Green Beans Fresh Fruit Choice of Milk</p>	<p>16 Grilled Cheese & Tomato Flatbread Sandwich Carrot Fresh apple Choice Of Milk</p>	
<p>19 Nachos and cheese with Salsa & Bean Salad Fresh fruit Choice of Milk</p>	<p>20 Meatball Parm hero Side greens salad Fresh Fruit Choice Of Milk</p>	<p>21 French Toast Sticks Hash Brown Potatoes Grilled Ham Chilled Pears Choice Of Milk</p>	<p>22 Meatless Baked Ziti Green Beans WG garlic roll Fruit Cup Choice Of Milk</p>	<p>23 Beef & Cheese Burrito Vegetarian Beans Diced Pears Choice of Milk</p>	
<p>26 Pasta & Meat Balls With Tomato sauce Tossed salad Chilled Pears Choice Of Milk</p>	<p>27 Grilled Cheese & Tomato Flatbread Sandwich Tater Tots Fresh fruit Choice Of Milk</p>	<p>28 General Tso Chicken With Rice Steamed Broccoli Spiced Apple slices Choice of Milk</p>	<p>29 Meatless Baked Ziti Carrots WG garlic roll Fruit Cup Choice of Milk</p>	<p>30 Beef Nachos and cheese with Salsa & Bean Salad Fresh fruit Choice of Milk</p>	