



# February

2017

## Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>Special News...</b> Breakfast for students \$1.00  Available Daily: Hot Egg, Cheese and sausage SDW Assorted WG Breakfast Cereals WG Bagels Low fat Yogurts All breakfast meals must include a fruit and or a 100% fruit juice  Questions? Please Contact Barbara Stabile, Food Service Director with Aramark 274-4144  Menus are subject to change without notice.
		<b>1</b> Mini Cinnamon Buns String Cheese Fresh Fruit Juice Low fat milk	<b>2</b> Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	<b>3</b> Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	
<b>6</b> Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	<b>7</b> French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	<b>8</b> Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	<b>9</b> French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	<b>10</b> Egg & Cheese Sandwich on a WG Roll Apple Juice Mixed Fruit Low fat milk	
<b>13</b> Mini Cinnamon Buns String Cheese Fresh Fruit Juice Low fat milk	<b>14</b> French Toast Sticks Maple Syrup Sausage Diced Pears Orange juice Low fat Milk	<b>15</b> Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	<b>16</b> Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	<b>17</b> Mini Pancakes String cheese Orange juice Fruit Cup Low fat milk	
<b>20</b>	<b>MID WINTER RECESS</b> <b>SCHOOLS CLOSED</b>			<b>24</b>	
<b>27</b> Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	<b>28</b> Mini Cinnamon Buns String Cheese Fresh Fruit Juice Low fat milk	Did you know that if you are on the free or reduced meal program for lunch, you are entitled to the same meal benefit at breakfast? So start your day with a healthy, delicious breakfast in your cafeteria!			