the time to the ti	Happy N	Fee Iew Year!	Druar Lunch Men		2017	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Happy Valentine Dag		1 French Toast Sticks Hash Brown Potatoes Grilled Ham Chilled Pears Choice Of Milk	2 Nachos and cheese Salsa, vegetarian beans Mixed Fruit Choice of Milk	3 Chicken Parm Rotini Pasta and Tomato Sauce Green Beans Chilled Pears Choice Of Milk	Special News Sandwiches of the day	
6 French Toast Sticks Hash Brown Potatoes Grilled Ham Chilled Pears Choice Of Milk	7 Twin Taco Tuesday Turkey & Cheese Twin Tacos Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	8 General Tso Chicken Rice Green Beans Strawberry cup Choice of Milk	9 Pasta & Meat Balls With Tomato sauce Tossed salad Chilled Peaches Choice Of Milk	10 Grilled Cheese & Tomato Flatbread Sandwich Carrot Mixed Fruit Choice Of Milk	Turkey American Sub Turkey & Cheese Tuna Egg Salad Lo Sodium Ham & Cheese All sandwiches are on 100% whole grain	
Hot Dog On a Bun Vegetarian Beans Sliced Pears Choice Of Milk	14 Twin Taco Tuesday Beef & Cheese Twin Tacos Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	15 Fiesta Bowl Chicken, Mashed potatoes Gravy & Corn Diced Peaches Choice Of Milk	16 General Tso Chicken Rice Green Beans Fruit Cup Choice of Milk	17 Barbeque Chicken Fries Vegetarian Beans Strawberry Cup Choice of Milk	breads or wraps. Featuring Boar's Head Deli Brand Meats PIZZA Enjoy a hot piece of delicious hand	
20	21	22	23	24	made cheese	
	MID V	VINTER SCHOOLS CLO		SS	pizza Or try one of our specialty pizzas; Veggie pizza Chicken Parm Pizza	
27 Fiesta Bowl Chicken, Mashed potatoes Gravy & Corn Diced Peaches Choice Of Milk	28 Barbeque Chicken Fries Vegetarian Beans Strawberry Cup Choice of Milk	Featured Daily; Hot Hamburger or Hot Chicken Patty Sandwich or Spicy Chicken Sandwich All served with crisp oven baked fries	Our Made To Order Crispy Sala Choices of crispy chi shredded cheese , grille fish salad, just Top with extra veggies	nd Greens, icken, chopped egg, ed chicken, fresh tuna to name a few!	Meatball Pizza So many to choose from! Menus are subject to change without notice.	

Robert Frost Middle School

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