



March

2017

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Breakfast for students \$1.00 Available Daily: Hot Egg, Cheese and sausage SDW Assorted WG Breakfast Cereals WG Bagels Low fat Yogurts All breakfast meals must include a fruit and or a 100% fruit juice Questions? Please Contact Barbara Stabile, Food Service Director with Aramark 274-4144 Menus are subject to change without notice.
<p>Did you know that if you are on the free or reduced meal program for lunch, you are entitled to the same meal benefit at breakfast? So start your day with a healthy, delicious breakfast in your cafeteria!</p>		1 Mini Cinnamon Buns String Cheese Fresh Fruit Juice Low fat milk	2 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	3 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	
6 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	7 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	8 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	9 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	10 Egg & Cheese Sandwich on a WG Roll Apple Juice Mixed Fruit Low fat milk	
13 Mini Cinnamon Buns String Cheese Fresh Fruit Juice Low fat milk	14 French Toast Sticks Maple Syrup Sausage Diced Pears Orange juice Low fat Milk	15 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	16 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	17 Mini Pancakes String cheese Orange juice Fruit Cup Low fat milk	
20 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	21 Mini Cinnamon Buns String Cheese Fresh Fruit Juice Low fat milk	22 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	23 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	24 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	
27 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	28 Mini Cinnamon Buns String Cheese Fresh Fruit Juice Low fat milk	29 French Toast Sticks Maple Syrup Sausage Diced Pears Orange juice Low fat Milk	30 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	31 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	