**March** Lunch Menu

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	$\sim$
		Featured Daily; Hot Hamburger or Hot Chicken Patty Sandwich or Spicy Chicken Sandwich All served with crisp oven baked fries	1 Beef Steakum Peppers & Onions Topped with Cheddar cheese Chilled Pears Choice Of Milk	2 Nachos and cheese Salsa, vegetarian beans Mixed Fruit Choice of Milk	3 Tuna Melt Sweet Potato Fries Chilled Pears Choice Of Milk	Special News Sandwiches of the day Turkey American Sub Turkey & Cheese Tuna Egg Salad Lo Sodium Ham & Cheese All sandwiches are on 100% whole grain breads or wraps. Featuring Boar's Head Deli Brand Meats PIZZA Enjoy a hot piece of delicious hand made cheese pizza Or try one of our specialty pizzas; Veggie pizza Chicken Parm Pizza Meatball Pizza So many to choose from!
6	French Toast Sticks Hash Brown Potatoes Grilled Ham Chilled Pears Choice Of Milk	7 Twin Taco Tuesday Turkey & Cheese Twin Tacos Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	8 General Tso Chicken Rice Green Beans Spiced Sliced Apples Choice of Milk	9 Pasta & Meat Balls With Tomato sauce Tossed salad Chilled Peaches Choice Of Milk	10 Grilled Cheese & Tomato Flatbread Sandwich Carrot Mixed Fruit Choice Of Milk	
13	Hot Dog On a Bun Vegetarian Beans Sliced Pears Choice Of Milk	14 Twin Taco Tuesday Beef & Cheese Twin Tacos Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	15 Fiesta Bowl Chicken, Mashed potatoes Gravy & Corn Diced Peaches Choice Of Milk	16 General Tso Chicken Rice Green Beans Fruit Cup Choice of Milk	17 Pineapple Glazed Ham Garlic Mashed Potatoes Broccoli Irish Soda Bread Irish Cake Choice Of Milk	
20	Barbeque Chicken Fries Vegetarian Beans Strawberry Cup Choice of Milk	21 Beef Steakum Peppers & Onions Topped with Cheddar cheese Chilled Pears Choice Of Milk	22 Chicken Parm Rotini Pasta and Tomato Sauce Green Beans Chilled Pears Choice Of Milk	23 Hot Dog On a Bun Vegetarian Beans Spiced Apple Slices Choice Of Milk	24 <sub>Grilled</sub> Cheese & Tomato Flatbread Sandwich Carrot Mixed Fruit Choice Of Milk	
<b>27</b> Cr	Fiesta Bowl nicken, Mashed potatoes Gravy & Corn Diced Peaches Choice Of Milk	28 Barbeque Chicken Fries Vegetarian Beans Strawberry Cup Choice of Milk	29 Meatball Hero Green Beans Spiced Apple slices Choice Of Milk	30 Hot Dog On a Bun Vegetarian Beans Sliced Pears Choice Of Milk	31 French Toast Sticks Hash Brown Potatoes Grilled Ham Chilled Pears Choice Of Milk	

## **Robert Frost Middle School**



2017