Lunch Menu

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1	Chicken Salad On A Roll With lettuce Bean Salad Sliced Pears Choice Of Milk	2 Beef Nachos & Cheese Corn Salsa Sliced Peaches Choice Of Milk	3 Barbeque Chicken Strips Fries Applesauce Choice of Milk	4 Meatball Hero Green Beans Spiced Apple slices Choice Of Milk	<b>5</b> Grilled Cheese Sandwich Sweet Potato Fries Mixed Fruit Choice Of Milk	Special News Sandwiches of the day Turkey American Sub Turkey & Cheese Tuna Egg Salad Lo Sodium Ham & Cheese All sandwiches are on 100% whole grain breads or wraps. Featuring Boar's Head Deli Brand Meats PIZZA Enjoy a hot piece of delicious hand made cheese pizza Or try one of our specialty pizzas; Veggie pizza Chicken Parm Pizza Meatball Pizza So many to choose from!
8	General Tso Chicken Rice Spinach Fruit Cup Choice of Milk	9 Beef & Cheese Nachos with Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	10 Brunch For Lunch French Toast Sticks Hash Browns String cheese Diced Peaches Choice Of Milk	11 Chicken Salad On A Roll With lettuce Bean Salad Sliced Pears Choice Of Milk	12 Hot Dog On a Bun Vegetarian Beans Spiced Apple Slices Choice Of Milk	
15	Meatball Hero Green Beans Spiced Apple slices Choice Of Milk	16 Beef & Cheese Nachos With Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	17 Brunch For Lunch French Toast Sticks Hash Browns Sliced Ham Diced Peaches Choice Of Milk	18 General Tso Chicken Rice Broccoli Fruit Cup Choice of Milk	19 Grilled Cheese Sandwich Sweet Potato Fries Sliced Pears Choice Of Milk	
22	Barbeque Chicken Fries Green Beans Peaches Choice of Milk	23 Beef & Cheese Nachos With Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	24 Chicken Salad On A Roll With lettuce Bean Salad Sliced Pears Choice Of Milk	25 Hot Dog On a Bun Vegetarian Beans Spiced Apple Slices Choice Of Milk	26 Grilled Cheese & Tomato Sandwich Green Beans Mixed Fruit Choice Of Milk	
29	MEMORIAL DAY SCHOOLS CLOSED	30 Barbeque Chicken Strips Fries Vegetarian Beans Pears Choice of Milk	31 Brunch For Lunch French Toast Sticks Hash Browns Sliced Ham Diced Peaches Choice Of Milk		Featured Daily; Hot Hamburger or Hot Chicken Patty Sandwich or Spicy Chicken Sandwich All served with crisp oven baked fries	

2017

## **Robert Frost Middle School**

