the times refrosh refuel relax		Appendix and the second	pril		2018
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2	³ SPRI		P RECESS	6 Spring is Conning 1 23	Special News Breakfast for students \$1.00
9 Hot Egg & Cheese Bagel Fruit Cup Orange Juice Low fat milk	10 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	11 Scrambled egg Mini Roll Orange Juice Sliced Pears Low fat milk	12 Mini Cinnamon Buns String Cheese Fresh Fruit Orange Juice Low fat milk	13 Egg & Cheese Sandwich Orange Juice Mixed Fruit Low fat milk	Available Daily: Hot Egg, Cheese and sausage SDW
16 Mini Cinnamon Buns String Cheese Fresh Fruit Orange Juice Low fat milk	17 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	18 Hot Egg & Cheese Bagel Fruit Cup Orange Juice Low fat milk	19 Scrambled egg Mini Roll Orange Juice Sliced Pears Low fat milk	20 Mini Pancakes String cheese Orange juice Fruit Cup Low fat milk	Assorted WG Breakfast Cereals WG Bagels Low fat Yogurts All breakfast meals must
23 Hot Egg & Cheese Bagel Fruit Cup Orange Juice Low fat milk	24 Iini Cinnamon Buns String Cheese Fresh Fruit Orange Juice Low fat milk	25 Scrambled egg Mini Roll Orange Juice Sliced Pears Low fat milk	26 Hot Egg & Cheese Bagel Fruit Cup Orange Juice Low fat milk	27 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk	include a fruit and or a 100% fruit juice Questions? Please Contact Barbara Stabile,
30 Scrambled egg Mini Roll Orange Juice Sliced Pears Low fat milk			Did you know that if you are on the fr for lunch, you are entitled to the sam So start your day with a healthy, d cafeteria!	e meal benefit at breakfast? elicious breakfast in your	Food Service Director with Aramark 274-4144 Menus are subject to change without notice.

Robert Frost Middle School

