HAPPY NEW YEAR 2018

2018

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Happy New Year Schools Closed	2 Grilled Cheese Sandwich Sweet Potato Fries Mixed Fruit Choice Of Milk	3 Beef & Cheese Nachos with Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	4 Hot Dog On a Bun Vegetarian Beans Diced Pears Choice Of Milk	5 Oven Roasted Chicken Corn Brown Rice Apple Slices Choice Of Milk	Special News Sandwiches of the day Turkey American Sub Turkey & Cheese Tuna Egg Salad Lo Sodium Ham & Cheese All sandwiches are on 100% whole grain breads or wraps. Featuring Boar's Head Deli Brand Meats PIZZA Enjoy a hot piece of delicious hand made cheese pizza Or try one of our specialty pizzas; Veggie pizza Chicken Parm Pizza Meatball Pizza Lunch Prices have Changed Student Lunch is \$2.15 Menus are subject to change without notice.
8 Brunch For Lunch French Toast Sticks Hash Browns String cheese Diced Peaches Choice Of Milk	9 General Tso Chicken Rice Broccoli Fruit Cup Choice of Milk	10 Beef & Cheese Nachos with Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	11 Grilled Cheese Sandwich Coleslaw Sliced Apples Choice of Milk	12 Chicken Parm Hero Green Beans Spiced Apple slices Choice Of Milk	
¹⁵ Martin Luther King Jr. Day Schools Closed	16 Barbeque Chicken Strips Fries Applesauce Choice of Milk	17 Brunch For Lunch French Toast Sticks Hash Browns String cheese Diced Peaches Choice Of Milk	18 Beef & Cheese Nachos With Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	19 Grilled Cheese Sandwich Sweet Potato Fries Mixed Fruit Choice Of Milk	
22 Oven Roasted Chicken Corn Brown Rice Apple Slices Choice Of Milk	23 Beef & Cheese Nachos With Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	24 Grilled Cheese & Tomato Sandwich Cole slaw Mixed Fruit Choice Of Milk	25 Brunch For Lunch French Toast Sticks Hash Browns String cheese Diced Peaches Choice Of Milk	26 Sweet & Sour Chicken Rice Steamed broccoli Peaches Low Fat Milk	
29 Grilled Cheese Sandwich Sweet Potato Fries Mixed Fruit Choice Of Milk	30 Beef Nachos & Cheese Corn Salsa Sliced Peaches Choice Of Milk	31 Barbeque Chicken Strips Oven Baked Fries Applesauce Choice of Milk		Featured Daily; Hot Hamburger or Hot Chicken Patty Sandwich or Spicy Chicken Sandwich All served with crisp oven baked fries	

Robert Frost Middle School

