



September

2017

WELCOME BACK! Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
4	Labor Day Schools Closed	5	Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk	6	Mini Cinnamon Buns String Cheese Apple slices Fruit Blend Low fat milk	7	Hot Egg & Cheese Bagel Diced Pears Apple Juice Low fat milk	8	Egg & Cheese Sandwich on a WG Roll Orange Juice Mixed Fruit Low fat milk
11	Scrambled egg Potato Hash browns Orange Juice Diced Pears Low fat milk	12	Mini Cinnamon Buns String Cheese Apple slices Fruit Blend Low fat milk	13	Hot Egg & Cheese Bagel Blueberries Apple Juice Low fat milk	14	Pancakes String cheese Orange juice Peaches Low fat milk	15	Egg & Cheese Sandwich on a WG Roll Apple Juice Mixed Fruit Low fat milk
18	Mini Cinnamon Buns String Cheese Apple slices Juice Low fat milk	19	French Toast Sticks Sausage Diced Pears Orange juice Low fat Milk	20	Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	21	ROSH HASHANAH Schools Closed	22	ROSH HASHANAH Schools Closed
25	Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk	26	Mini Cinnamon Buns String Cheese Sliced Apples Juice Low fat milk	27	Scrambled egg Potato Hash browns Orange Juice Sliced Pears	28	Hot Egg & Cheese Bagel Blueberries Apple Juice Low fat milk	29	French Toast Sticks String Cheese Fruit Cup Orange juice
<p>Did you know that if you are on the free or reduced meal program for lunch, you are entitled to the same meal benefit at breakfast? So start your day with a healthy, delicious breakfast in your cafeteria! Lunch Applications available at main office and cafeteria registers. Apply today.</p>									

Special News...

Breakfast for students
\$1.00

Available Daily:
Hot Egg, Cheese and sausage
SDW
Assorted WG Breakfast
Cereals
WG Bagels
Low fat Yogurts
All breakfast meals must include a fruit and or a 100% fruit juice

Questions?
Please Contact
Barbara Stabile,
Food Service Director
with Aramark
274-4144

Menus are subject to change without notice.