February Lunch Menu Happy Valentine's Day

2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	\sim
Featured Daily; Hot Hamburger or Hot Chicken Patty Sandwich or Spicy Chicken Sandwich All served with crisp oven baked fries				1 French Toast Sticks Roasted Potatoes Mozzarella Cheese Cup Berry Cup Choice Of Milk	Special News Sandwiches of the day Turkey American Sub Turkey & Cheese Tuna Egg Salad Lo Sodium Ham & Cheese All sandwiches are on 100% whole grain breads or wraps. Featuring Boar's Head Deli Brand Meats PIZZA Enjoy a hot piece of delicious hand made cheese
4 General Tso Chicken Rice Corn Fruit Cup Choice of Milk	5 Meatball Parm Hero Broccoli Peach Cup Choice of Milk	6 Grilled Cheese & Tomato Sandwich Potato Wedges Mixed Fruit Choice Of Milk	7 Beef & Cheese Nachos with Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk	8 Barbeque Chicken Strips Carrot Fruit Cup Choice of Milk	
11 Grilled Chicken Fajita in a Tortilla Wrap Corn & Bean Salad Fruit Cup Choice Of Milk	12 Twin Turkey Taco Tuesday Shredded Lettuce & Salsa Vegetarian Beans Applesauce Choice of Milk	13 French Toast Sticks Roasted Potatoes Cheese Stick Diced Pears Choice Of Milk	14 Chicken Parm Hero Green Beans Berry Cup Valentine Cookie Choice Of Milk Happy Valentine's Day	15 Barbeque Chicken Strips Broccoli Peach Cup Choice of Milk	
18		-Winter			made cheese pizza Or try one of our specialty pizzas; Veggie pizza Chicken Parm Pizza Meatball Pizza
25 Grilled Cheese & Tomato Sandwich Tater Tots Mixed Fruit Choice Of Milk	26 French Toast Sticks Roasted Potatoes Mozzarella Cheese Stick Strawberry Cup Choice Of Milk	27 Fajita Chicken Rice Broccoli Fruit Cup Choice of Milk	28Beef & Cheese Nachos with Shredded Lettuce & Salsa Sour Cream Applesauce Choice of Milk		Lunch Prices have Changed Student Lunch is \$2.15 Menus are subject to change without notice.

Robert Frost Middle School

