



ROBERT FROST MIDDLE SCHOOL March 2020

2
Chicken Gyro in a Pita Pocket
Bean Salad
Mixed Berry Cup

3
French Toast Sticks
Hash Browns
Canadian Bacon(Pork)
Pears

4
Chicken Fajita
Rice
Broccoli
Peaches

5
Chicken/Cheese & Rice Burrito
Vegetarian Beans
Strawberry Cup

6
Dutch Waffle
Canadian Bacon
Carrots
Applesauce cup

9
Meatball Hero
Carrots
Fries
Fruit Cup
National Meatball Day!

10
Mac & Cheese
Popcorn Chicken
Green Beans
Peach Cup

11
Fajita Chicken Wrap with Rice & Cheese
Corn
Mixed Berry Cup

12
French Toast Sticks
Hash Browns
Canadian Bacon(Pork)
Pears

13
Turkey Taco with Cheese
Vegetarian Beans
Applesauce Cup

Sandwiches Available Daily
Turkey
American Sub
Turkey & Cheese
Tuna
Egg Salad
Lo Sodium Ham & Cheese
All sandwiches are on 100% whole grain breads or wrap
Featuring Boar's Head Premium Deli

16
Chicken Gyro in a Pita Pocket
Bean Salad
Mixed Berry Cup

17
Hot Ham & Cheese Melt
Fries
Applesauce Cup
Happy St. Patrick's Day!

18
Chicken/Cheese & Rice Burrito
Vegetarian Beans
Strawberry Cup

19
Chicken & Cheese BLT on A Bun
Fries
Fruit Cup

20
Chicken Fajita
Rice
Broccoli
Peaches

PIZZA PIZZA!!!
Enjoy a piece of delicious hand made cheese or one of our specialty pizzas:
Veggie Pie
Meatball Pie
Pepperoni Pie
Low fat milk or flavored
Milk offered

Lunch Price for students
Is \$2.15

23
Dutch Waffle
Canadian Bacon
Carrots
Applesauce cup

24
Chicken & Cheese BLT on A Bun
Fries
Fruit Cup

25
Mac & Cheese
Popcorn Chicken
Green Beans
Peach Cup

26
French Toast Sticks
Hash Browns
Canadian Bacon(Pork)
Pears

27
Fajita Chicken Wrap with Rice & Cheese
Vegetarian Beans
Mixed Berry Cup

30
French Toast Sticks
Hash Browns
Canadian Bacon(Pork)
Pears

31
Chicken & Cheese BLT on A Bun
Fries
Fruit Cup



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