Robert Frost Middle School Breakfast April 2021 refresh. refuel. relax.

MONDAY

Mini Pancakes Cheese Stick Fresh Fruit Milk

TUESDAY

Cini Mini Cheese Stick Fresh Fruit Milk

WEDNESDAY

Virtual Learning No Students Meal Pick Up at HS 8-9:30

THURSDAY

Egg & Cheese On A Roll Fresh Fruit Milk

FRIDAY

French Toast Sticks Cheese Stick Fresh Fruit Milk

Hot Egg & Cheese On A Bagel Fresh Fruit Milk

Hot Egg & Cheese On A Bagel Fresh Fruit Milk

Virtual Learning No Students Meal Pick Up at HS 8-9:30

Hot Egg & Cheese On A Bagel Fresh Fruit Milk

Hot Egg & Cheese On A Bagel Fresh Fruit Milk

Bacon, Egg Cheese On A bagel Fresh Fruit Milk

Bacon, Egg & Cheese On A bagel Fresh Fruit Milk

Virtual Learning No Students Meal Pick Up at HS 8-9:30

Bacon, Egg Cheese On A bagel Fresh Fruit Milk

Bacon, Egg Cheese On A bagel Fresh Fruit Milk

Assorted freshly baked muffins Fresh Fruit Milk

Assorted freshly baked muffins Fresh Fruit Milk

Virtual Learning No Students Meal Pick Up at HS 8-9:30

Assorted freshly baked muffins Fresh Fruit Milk

Assorted freshly baked muffins Fresh Fruit Milk

ow fat Yogurt & Fruit Parfaits with WG Cereal Milk

Low fat Yogurt & Fruit Parfaits with WG Cereal Milk

Virtual Learning No Students Meal Pick Up at HS 8-9:30

ow fat Yogurt & Fruit Parfaits with WG Cereal Milk

Low fat Yogurt & Fruit Parfaits with WG Cereal Milk

More info...

unflavored milk

Every Day Options Include:

Cream Cheese or Butter Bagels and Kaiser Rolls.

Assorted cold cereals. 100% Orange Juice, assorted fruits and low fat flavored or

Student Breakfast Price: \$1.00

More info...

BREAKFAST AND LUNCH MEALS ARE FREE UNTIL JUNE 30, 2021 FOR ALL

Questions? Contact Barbara Stabile, Food Service Director @Aramark 631-274-4144

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