



Karl Zaharia, 13 years old
Deer Park, Long Island

HELP SAVE KARL AND OTHERS!

"My name is Karl Zaharia. I am a 13-year old boy who has been diagnosed with ALL (Acute Lymphocytic Leukemia) in August 2010. This disease has stopped me from doing some of the things that I really enjoy like karate and playing hockey with my brothers and friends. It makes me sad and mad that these things used to be so easy but now my treatments make me tired and weak.

Please give me the chance to get better so that I can do all the fun things that I used to be able to do. Please come to my bone marrow drive, you could be the one!"

BECOME A LIFESAVER!

BONE MARROW DONOR DRIVE:

Saturday, December 4, 2010

10:00 AM - 4:00 PM

Robert Frost Middle School (in the gymnasium)

450 Half Hollow Hills Road, Deer Park, NY

Every dollar counts!

MAKE A \$ DONATION \$ and select code: KZD 001

www.dkmsamericas.org/dkms-donation-form



WHERE LEUKEMIA MEETS ITS MATCH

www.getswabbed.org

REGISTERING AS A BONE MARROW DONOR IS MORE THAN A CHEEK SWAB.

IT IS A COMMITMENT TO HELP SAVE A LIFE.

About DKMS

The DKMS mission is to save lives by recruiting bone marrow donors for leukemia patients.

More than 23,000 DKMS donors have helped save lives by donating their bone marrow. DKMS is the largest bone marrow donor center in the world with nearly 2.5 million registered donors. DKMS Americas is a 501 (c)(3) non profit organization.

Why YOU are so important as a bone marrow donor?

- Every **10** minutes blood cancer takes a life.
- Leukemia is the most common disease children and young adults in the U.S die of, and a bone marrow transplant may be their only chance for survival.
- Only **4** out of every **10** patients will receive the transplant that could save their lives.

What is my commitment if I register?

You:

- Will also be listed on the Be The Match Registry® (operated by the NMDP) until your 61st birthday, unless you ask to be removed.
- Will consider donating to **any** searching patient who needs a bone marrow transplant.

How do I become a bone marrow donor?

- You need to be between the ages of 18 and 55 years old and meet the eligibility requirements and understand your commitment.
- You need to complete a registration form.
- You need to swab your cheeks using a cotton-tipped swab to collect cheek cells which will identify your HLA tissue-type.

What is the donation process like?

- If you are found to be a match, a DKMS representative will contact you.
- You will answer a health questionnaire, and if all is fine, you will go on for additional testing. (blood test and physical exam)
- If you are still the best suitable donor, you will go on to donate in **1** of **2** ways.

1. Peripheral Blood Stem Cell (PBSC) – This procedure, called apheresis, involves receiving a medication that increases the number of the donor's blood cells and then these cells are collected directly from the blood stream. Some donors have reported some bone or muscle achiness, but the side effects disappear shortly after the collection.

2. Bone Marrow Extraction - Marrow donation is a surgical procedure, usually outpatient. With this procedure, the cells are directly collected from the pelvic bone. Most patients report some soreness in the lower back for a few days after the donation, but nothing that should prevent you from your daily activities. (No Heavy Lifting/Strenuous Workout).

Other Ways YOU can help

- **Every dollar counts!** DKMS needs your dollars to finance the \$65 registration cost.
- Make a **monetary contribution** at www.getswabbed.org
- Organize a bone marrow donor drive in your community, at your office or school
- Encourage eligible family members and friends to register with DKMS
- Join us on *MySpace* and *Facebook* and follow us on *Twitter*. Enter *DKMS Americas*.
- Help DKMS raise funds. Organize a fundraiser or go to *Firstgiving.com* and create your own DKMS Americas fundraising page