

PLEASE JOIN US FOR A

SEPFC meeting

February 3 | 7PM | JFK Room A14

Guest Speaker:

Dr. Jackie Waldman, M.S.Ed, ACC

There is so much talk about ADHD and the connections to executive functions, but many people are not clear on what executive functions are, what struggles look like and how we can help those who struggle.

In this workshop, Dr. Waldman will discuss:

- *the different executive functions and how they impact a person's ability to get things done.
- *the impact of brain functioning in executive functions
- *how to identify who struggles with executive functions, particularly individuals with ADHD
- * a few strategies to help those who struggle with executive functioning



connect with parents of
students with different abilities



Deer Park Special Education
Parent Faculty Club



deerparksepfcc

1/21/2025

Date

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Superintendent of Schools